

SIMPLE PRESENCE VAST SILENT KNOWING

"Behind the movement of the conceptual mind is vast silent knowing. It is so simple. But we don't believe it. And it is sad indeed that we miss it. We over look the simplicity in front of us." Tenzin Palmo

A residential retreat 2-4 March 2018 with Anahata Iradah



Anahata returns to us with joy, wisdom, love and compassionate heart. From the early 80's Anahata's journey on the Buddhist and Sufi paths brings great depth of understanding through living experience. A senior mentor in the International Dances of Universal Peace Network, Anahata weaves a tapestry of blessing wherever she goes through music, movement, teachings and presence.

The wisdom arising is profound.



**Venue – Symons Retreat Centre
Nunyara Conference Centre Belair, South Australia
\$425 / Concession \$410 / DUP members \$395
Full payment by 20th Feb 2018
Enquiries – contact Amrita
08 7324 3238 or dancingfeetwalking@gmail.com**

*Through the practices of the Dances of Universal Peace
and wisdom teachings
we move toward unity, touching the soul through the vehicle of
breath, sound and deep listening.
'A retreat to nurture and uncover the essence of our being'*

